

ASSUMPTION OF THE BLESSED VIRGIN MARY PARISH
ELEMENTARY FAITH FORMATION
PRAYERS AND PRACTICES GUIDE

**KINDERGARTENERS SHOULD
KNOW...**

THE SIGN OF THE CROSS

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be
Thy name. Thy kingdom come; Thy will be
done on earth as it is in heaven. Give us this
day our daily bread, and forgive us our
trespasses as we forgive those who trespass
against us; and lead us not into temptation,
but deliver us from evil. Amen.

GLORY BE

Glory Be to the Father and to the Son and to
the Holy Spirit. As it was in the beginning,
is now, and ever shall be, world without end.
Amen.

GRACE BEFORE MEALS

Bless us, O Lord, and these your gifts which
we are about to receive from your bounty,
through Christ, our Lord. Amen.

GRACE AFTER MEALS

We give you thanks, for all your benefits,
Almighty God, who live and reign for ever.
Amen.

1ST GRADERS SHOULD KNOW...

HAIL MARY

Hail Mary, full of grace, the Lord is with
thee. Blessed art thou among women, and
blessed is the Fruit of thy womb, Jesus. Holy
Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

*** All prayers previously learned.*

Parents of first graders are asked to:

- Witness a Baptism in the parish community with their child.
- Pray spontaneously as a family at meals and/or bedtime, birthdays, anniversaries, etc.
- Talk about God as part of their daily family life.
- Celebrate Sundays, special family and Church feasts (Advent/Christmas, Lent/Easter) in the home.
- Read/tell Bible stories and listen to the child tell them.

Parents of kindergarteners are asked to:

- Celebrate Sundays, special family and church feasts.
- Read/tell Bible stories to the child.
- Talk about God as part of their family.



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2ND GRADERS SHOULD KNOW...

THE SACRAMENTS OF INITIATION

Baptism, Confirmation, First Eucharist

THE HOLY TRINITY

The Holy Trinity is the three Persons in one God—Father, Son and Holy Spirit.

*** All prayers previously learned*

Parents of second graders are asked to:

- Attend Sunday Mass and participate actively with their child.
- Review with their child the traditional prayers learned in Grade One.
- Celebrate family rituals: involve child in the sharing of bread.
- Participate with the child in some parish “meals”— picnics, festivals, and potluck dinners.
- Encourage and support their child in their Eucharist/Confirmation preparation.



3RD GRADERS SHOULD KNOW...

THE GREATEST COMMANDMENT

You shall love the Lord your God with your whole heart, with your whole soul, and with your whole mind. And your neighbor as yourself.

SPIRITUAL WORKS OF MERCY

Warn the sinner. Instruct the ignorant. Counsel the doubtful. Comfort the sorrowing. Bear wrongs patiently. Forgive all injuries. Pray for the living and the dead.

CORPORAL WORKS OF MERCY

Feed the hungry. Give drink to the thirsty. Give alms to the poor. Clothe the naked. Visit the sick. Shelter the homeless. Visit the imprisoned. Bury the dead.

THE FOUR MARKS OF THE CHURCH

- | | |
|-------------|--------------|
| 1. One | 2. Holy |
| 3. Catholic | 4. Apostolic |

*** All prayers previously learned*

Parents of third graders are asked to:

- Attend Sunday Mass and participate actively with their child.
- Help their child to experience and observe the work of parish lay ministers and community volunteers.
- Involve the child/family in some form of shared parish community service.
- Celebrate holy days, holidays, birthdays, anniversaries, etc. in their home with special decorations, family traditions and rituals that express their Christian beliefs.
- Read/tell Bible stories and listen to their child share these stories in their own words.

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4TH GRADERS SHOULD KNOW...

THE BEATITUDES

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean of heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

THE TEN COMMANDMENTS

1. I am the Lord, your God. You shall not have strange gods before me.

2. You shall not take the name of the Lord, your God, in vain.

3. Remember to keep holy the Lord's Day.

4. Honor your father and your mother.

5. You shall not kill.

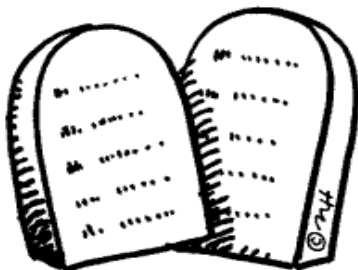
6. You shall not commit adultery.

7. You shall not steal.

8. You shall not bear false witness against your neighbor.

9. You shall not covet your neighbor's wife.

10. You shall not covet anything that belongs to your neighbor.



THE SEVEN SACRAMENTS

1. Baptism

2. Holy Eucharist

3. Confirmation

4. Reconciliation

5. Anointing of the Sick

6. Holy Orders

7. Matrimony

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for us. In His name, my God, have mercy. Amen.

*** All prayers previously learned*

Parents of fourth graders are asked to:

- Attend Sunday Mass and participate actively with their child.
- Include praying and reading the Bible, and Bible stories in daily family life.
- Help their child understand and learn the Ten Commandments and the Beatitudes.
- Involve their child in planning and carrying out a service project.
- Invite their child to lead family prayer.
- Celebrate other forms of Church prayer with their child: Advent, Lent, Stations of the Cross, and Rosary.

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5TH GRADERS SHOULD KNOW...

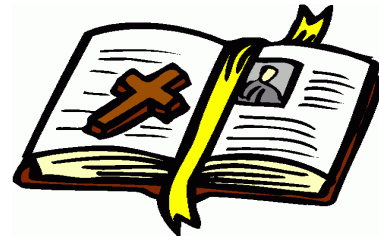
PROFESSION OF FAITH
(NICENE CREED)

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the
Virgin Mary, and became man.
For our sake he was crucified under Pontius
Pilate, he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the Father
and the Son, who with the Father and the
Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic
Church.
I confess one Baptism for the forgiveness of
sins and I look forward to the resurrection of
the dead and the life of the world to come.
Amen.

THE GIFTS OF THE HOLY SPIRIT

1. Wisdom
2. Knowledge
3. Counsel
4. Fortitude
5. Understanding
6. Piety
7. Fear of the Lord

*** All Prayers previously learned ***



Parents of fifth graders are asked to:

- Attend Sunday Mass and participate actively with their child in this and other liturgical celebrations of the Church year.
- Help their child understand and memorize the Nicene Creed.
- Help their child identify ways they can use personal talents and gifts to help the needy.
- Discuss issues of justice and peace with their child and do actions that alleviate suffering and poverty.
- Include praying and reading from the Bible in daily family life.